CHILD CARE MENU PLANNING WORKSHEET

Week Of: 11/30/2026 - 12/4/2026

CACFP/Office of Child Nutrition Participant: YES ☑ NO ☐

Facility Name/License Number (last 4): Jackson Academy / 7844

Hours of Operation: 7:30am - 5:30am **County**: Hinds

Contact Person/Telephone Number: Catherine Stewart / 601-416-0498

Licensing Official Name: Lisa Allen

MISSISSIPPI STATE DEPARTMENT OF HEALTH

Record all food and beverages served. Please refer to Appendix C in Regulations Governing Licensure of Child Care Facilities for nutritional standards.

Meal Components	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast-Time: _____ Fruit (no juice) Cereal or Bread/Alternate Milk					
Snack-Time: 9:00am (**Select 2 out of 4 food groups**) Meat or Meat Alternate Vegetable or Fruit, (no juice) Bread or Bread Alternate Milk					
Lunch/Supper-Time: 11:30am Meat or Meat Alternate Vegetable and Fruit (**2 Veg/fruit or 1 veg & 1 frui**t) Bread or Bread Alternate Milk	Macaroni Noodles with Meatsauce Lima Beans Mandarin Oranges Milk Water	Grilled Cheese on Wheat Steamed Broccoli Pineapple Milk Water	Chicken Nuggets Steamed Carrots Applesauce Milk Water	Pancake Turkey Sausage Scrambled Eggs Diced Peaches Milk Water	Cheese Pizza Green Beans Diced Pears Milk Water
Snack-Time: 2:00pm (**Select 2 out of 4 food groups**) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk					
Snack-Time: 4:30am (**Select 2 out of 4 food groups**) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk					

***Water is made available at all meals and snacks. *Whole grain bread & bread products are used. *No meal or snack may be served more than once in 24 hours.**
***Other Foods or Condiments may be served with meals/snacks but DO NOT count as a component.**