

CHILD CARE MENU PLANNING WORKSHEET

Week Of: 3/2/2026 - 3/6/2026

Facility Name/License Number (last 4): Jackson Academy / 7844

Hours of Operation: 7:30am - 5:30pm

County: Hinds

Contact Person/Telephone Number: Catherine Stewart / 601-416-0498

Licensing Official Name: Lisa Allen

CACFP/Office of Child
Nutrition Participant:
YES NO



MISSISSIPPI
STATE DEPARTMENT OF HEALTH

Record all food and beverages served. Please refer to Appendix C in Regulations Governing Licensure of Child Care Facilities for nutritional standards.

Meal Components	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast-Time: _____ Fruit (no juice) Cereal or Bread/Alternate Milk					
Snack-Time: 9:00 am (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable or Fruit, (no juice) Bread or Bread Alternate Milk	Ritz Crackers String Cheese Water	WG Toast Cantaloupe Water	Vanilla Yogurt Graham Crackers Water	CLOSED FOR PROFESSIONAL DEVELOPMENT DAY	CLOSED FOR SPRING BREAK
Lunch/Supper-Time: 11:30 am Meat or Meat Alternate Vegetable and Fruit (2 Veg/fruit or 1 veg & 1 fruit) Bread or Bread Alternate Milk	Grilled Ham on Wheat Vegetable Beef Soup Pineapple Milk Water	Soft Taco w/Ground Beef Spanish Rice Mango Milk Water	Roasted Turkey Macaroni & Cheese Green Beans Mandarin Oranges Milk Water		
Snack-Time: 2:00 pm (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk	Sliced Cucumbers Mandarin Oranges Water	Applesauce Cheez-It Crackers Water	Cinnamon Chex Blueberries Water		
Snack-Time: 4:30 pm (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk	Goldfish Pears Water	Veggie Straws Diced Peaches Water	String Cheese WG Ritz Crackers Water		

*Water is made available at all meals and snacks. *Whole grain bread & bread products are used. *No meal or snack may be served more than once in 24 hours.
 *Other Foods or Condiments may be served with meals/snacks but DO NOT count as a component.

CHILD CARE MENU PLANNING WORKSHEET

Week Of: 3/9/2026 - 3/13/2025

Facility Name/License Number (last 4): Jackson Academy /7844

Hours of Operation: 7:30am - 5:30pm

County: Hinds

Contact Person/Telephone Number: Catherine Stewart / 601-416-0498

Licensing Official Name: Lisa Allen

CACFP/Office of Child
Nutrition Participant:
YES NO



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Meal Components	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast-Time: _____ Fruit (no juice) Cereal or Bread/Alternate Milk					
Snack-Time: 9:30 am (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable or Fruit, (no juice) Bread or Bread Alternate Milk	CLOSED FOR SPRING BREAK	CLOSED FOR SPRING BREAK	CLOSED FOR SPRING BREAK	CLOSED FOR SPRING BREAK	CLOSED FOR SPRING BREAK
Lunch/Supper-Time: 11:30 am Meat or Meat Alternate Vegetable and Fruit (2 Veg/fruit or 1 veg & 1 fruit) Bread or Bread Alternate Milk					
Snack-Time: 2:00 pm (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk					
Snack-Time: 4:30 pm (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk					

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CHILD CARE MENU PLANNING WORKSHEET

Week Of: 3/16/2026 - 3/20/2026

Facility Name/License Number (last 4): Jackson Academy / 7844

Hours of Operation: 7:30am - 5:30pm

County: Hinds

Contact Person/Telephone Number: Catherine Stewart / 601-416-0498

Licensing Official Name: Lisa Allen

CACFP/Office of Child
Nutrition Participant:
YES NO



MISSISSIPPI
STATE DEPARTMENT OF HEALTH

Record all food and beverages served. Please refer to Appendix C in Regulations Governing Licensure of Child Care Facilities for nutritional standards.

Meal Components	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast-Time: _____ Fruit (no juice) Cereal or Bread/Alternate Milk					
Snack-Time: 9:00 am (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable or Fruit, (no juice) Bread or Bread Alternate Milk	Raisin Toast 1/2 Banana Water	Vanilla Yogurt Cantaloupe Water	1/2 Turkey Sandwich on Wheat Bread Water	Ritz Crackers String Cheese Water	Blueberry Muffin Milk Water
Lunch/Supper-Time: 11:30 am Meat or Meat Alternate Vegetable and Fruit (2 Veg/fruit or 1 veg & 1 fruit) Bread or Bread Alternate Milk	Grilled Turkey on Wheat Vegetable Soup Mango Milk Water	Cheese Quesadilla Spanish Rice Diced Peaches Milk Water	Baked Boneless Chicken Mashed Potatoes Kernel Corn WW Roll Milk Water	Hamburger Baked Sweet Potato Fries Mango Milk Water	Cheese Pizza Steamed Corn Pineapple Milk Water
Snack-Time: 2:00 pm (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk	Sliced Cucumbers Mandarin Oranges Water	Pineapple Cheeze-its Water	Blueberries Wheat Thins Water	1/2 Banana Vanilla Pudding Water	1/2 Croissant with Ham Water
Snack-Time: 4:30 pm (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk	Goldfish Diced Pears Water	Tricuits Unsweetened Applesauce Water	Mandarin Oranges Animal Crackers Water	Diced Pears Pretzels Water	Veggie Straws Mandarin Oranges Water

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CHILD CARE MENU PLANNING WORKSHEET

Week Of: 3/23/2026 - 3/27/2026

Facility Name/License Number (last 4): Jackson Academy / 7844

Hours of Operation: 7:30am - 5:30pm

County: Hinds

Contact Person/Telephone Number: Catherine Stewart / 601-416-0498

Licensing Official Name: Lisa Allen

CACFP/Office of Child
Nutrition Participant:
YES NO



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Meal Components	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast-Time: _____ Fruit (no juice) Cereal or Bread/Alternate Milk					
Snack-Time: <u>9:00 am</u> (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable or Fruit, (no juice) Bread or Bread Alternate Milk	Sliced Strawberries Vanilla Yogurt Water	WG Bread 1/2 Banana Water	Graham Crackers Vanilla Yogurt Water	WW English Muffin 1/2 Banana Water	Cheddar Cheese Slice Diced Pears Water
Lunch/Supper-Time: <u>11:30 am</u> Meat or Meat Alternate Vegetable and Fruit (2 Veg/fruit or 1 veg & 1 fruit) Bread or Bread Alternate Milk	Mac & Cheese Green Beans Mandarin Oranges Milk Water	Chicken & Dumplings Steamed Broccoli Diced Peaches Water Milk	Hamburger on WW Bun Baked Sweet Potato Fries Sliced Strawberries Milk Water	Baked Chicken Tender Italian Vegetables WW Roll Blueberries Milk Water	Cheese Pizza Steamed Carrots Cantaloupe Milk Water
Snack-Time: <u>2:00 pm</u> (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk	Blueberry Muffin Milk Water	Pita Bread Pineapple Water	Sliced Cucumbers Sliced Turkey Meat Water	Goldfish Vanilla Pudding Water	Pretzels Mango Water
Snack-Time: <u>4:30 pm</u> (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk	WG Ritz Crackers String Cheese Water	Animal Crackers Diced Pears Water	Sliced Apples String Cheese Water	Wheat Thins Mandarin Oranges Water	Veggie Straws Diced Peaches Water

*Water is made available at all meals and snacks. *Whole grain bread & bread products are used. *No meal or snack may be served more than once in 24 hours.
 *Other Foods or Condiments may be served with meals/snacks but DO NOT count as a component.