

CHILD CARE MENU PLANNING WORKSHEET

Week Of: 5/4/2026 - 5/8/2026

Facility Name/License Number (last 4): Jackson Academy / 7844

Hours of Operation: 7:30am - 5:30pm

County: Hinds

Contact Person/Telephone Number: Catherine Stewart / 601-416-0498

Licensing Official Name: Lisa Allen

CACFP/Office of Child

Nutrition Participant:

YES NO



MISSISSIPPI
STATE DEPARTMENT OF HEALTH

Record all food and beverages served. Please refer to Appendix C in Regulations Governing Licensure of Child Care Facilities for nutritional standards.

Meal Components	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast-Time: _____ Fruit (no juice) Cereal or Bread/Alternate Milk					
Snack-Time: <u>9:00 am</u> (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable or Fruit, (no juice) Bread or Bread Alternate Milk	Graham Crackers String Cheese Water	Unsweetened Applesauce Raisin Toast Water	1/2 Croissant with Sliced Ham Water	Pancake Turkey Sausage Water	Blueberry Muffin Mandarin Oranges Water
Lunch/Supper-Time: <u>11:30 am</u> Meat or Meat Alternate Vegetable and Fruit (2 Veg/fruit or 1 veg & 1 fruit) Bread or Bread Alternate Milk	Macaroni Noodles with Meatsauce Green Beans Mandarin Oranges Milk Water	Soft Taco with Beef Spanish Rice Strawberries Milk Water	BBQ Baked Chicken Macaroni & Cheese Cantaloupe Milk Water	Hamburger Baked Sweet Potato Fries Blueberries Milk Water	Cheese Pizza Steamed Carrots Diced Peaches Milk Water
Snack-Time: <u>2:00 pm</u> (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk	Vanilla Yogurt Vanilla Wafers Water	Pineapple Goldfish Water	Cheezit Diced Pears Water	Slice Cheese Saltines Water	Strawberries Veggie Straws Water
Snack-Time: <u>4:30 pm</u> (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk	Veggie Straws Pears Water	WG Saltines Peaches Water	Mandarin Oranges WG Ritz Crackers Water	Cheezits Applesauce Water	Pineapple Pretzels Water

*Water is made available at all meals and snacks. *Whole grain bread & bread products are used. *No meal or snack may be served more than once in 24 hours.
 *Other Foods or Condiments may be served with meals/snacks but DO NOT count as a component.

CHILD CARE MENU PLANNING WORKSHEET

Week Of: 5/11/2026 - 5/15/2026

Facility Name/License Number (last 4): Jackson Academy /7844

Hours of Operation: 7:30am - 5:30pm

County: Hinds

Contact Person/Telephone Number: Catherine Stewart / 601-416-0498

Licensing Official Name: Lisa Allen

CACFP/Office of Child
Nutrition Participant:
YES NO



MISSISSIPPI
STATE DEPARTMENT OF HEALTH

Record all food and beverages served. Please refer to Appendix C in Regulations Governing Licensure of Child Care Facilities for nutritional standards.

Meal Components	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast -Time: _____ Fruit (no juice) Cereal or Bread/Alternate Milk					
Snack -Time: <u>9:30 am</u> (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable or Fruit, (no juice) Bread or Bread Alternate Milk	Ritz Crackers String Cheese Water	Cheerios Cantaloupe Water	End of Year Party	Graham Crackers 1/2 Banana Water	Pancake Turkey Sausage Water
Lunch/Supper -Time: <u>11:30 am</u> Meat or Meat Alternate Vegetable and Fruit (2 Veg/fruit or 1 veg & 1 fruit) Bread or Bread Alternate Milk	Macaroni Noodles with Meatsauce Green Beans Strawberries Milk Water	Soft Taco w/Ground Beef Spanish Rice Blueberries Milk Water	BBQ Chicken Cantaloupe Steamed Carrots WW Roll Milk Water	Baked Turkey Mashed Potatoes Green Beans Mandarin Oranges Milk Water	Cheese Pizza Steamed Corn Diced Pears Milk Water
Snack -Time: <u>2:00 pm</u> (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk	Vanilla Pudding Vanilla Wafers Water	Diced Peaches Ritz Crackers Water	Vanilla Yogurt Honeydew Water	Cinnamon Chex Unsweetened Applesauce Water	Goldfish Honeydew Water
Snack -Time: <u>4:30 pm</u> (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk	Goldfish Diced Pears Water	Mandarin Oranges Animal Crackers Water	Pretzels String Cheese Water	Wheat Thins Diced Peaches Water	Cheez-It Crackers Pineapple Water

*Water is made available at all meals and snacks. *Whole grain bread & bread products are used. *No meal or snack may be served more than once in 24 hours.
*Other Foods or Condiments may be served with meals/snacks but DO NOT count as a component.